



## TROSTON PARISH NEWS – JULY 2018

### **The Bull - Coming Events.**

Due to the World Cup we postponed the quiz last week. The quiz will return on Thursday 12th July at 8pm.

A big thank you to everyone who attended the 80's Disco that Laura Bourne organised on 23rd June. It was a great night but more importantly approximately £500 was raised for Prostate Cancer.

On the 14th July we will be celebrating the first anniversary of the pub re-opening. There will be free face painting for the kids, three live bands, food and a great range of drinks to enjoy. If we're very lucky England may even be in the World Cup Final the following day. Fingers crossed...

We have hosted a number of private parties over the past few months and we've just had our first enquiry about a Christmas meal booking. If you are looking for a lovely venue that is great value and very local, come and chat to us. Also, don't hesitate to phone 01359 269 646.

*From Terry Wilde*

### **Troston WI**

Our next meeting on the 11th July is 'open' so everyone in the village is invited. It's a subject that we all need to address: The Enduring Power of Attorney. The talk will be given by Martin Sweep of Green and Green at

7.45 in the Village Hall. Refreshments will be available.

We would like some new members too, so if you would like to see the Troston WI flourish and provide outings, talks and friendship, please come along. If we don't get more people then we are in danger of closing and that would be a pity. We need new blood to liven things up so how about it you younger ones?

Look forward to seeing you on the 11th.

*From Anne Walker*

### **Troston Lottery**

Our June prizewinners are:

£50 1st Prize to Anthony and Tony Byford

£25 2nd Prize to John Wright

£15 3rd Prize Robert and Val Holden.

We will be making five more draws after the summer break. We have a healthy £1,780 to be allocated to our village amenities and good causes. Please come forward with projects for the village which you would like funded.

*From Richard Walker*

### **Youth Club**

The Club will be managing games for young people in Troston Wood on Tuesday 10th July between 6 and

7pm. The children from the Base will be aged 8 to 10 years old. I appreciate that the age range is quite young, but sadly, we do not have enough older young people at the moment.

My hope is to get children from the Base and the Village together and potentially enrol new young people into the youth club to enjoy the facilities and trips the RAF provide. Please bring your children along.

Tuck will be available. Please bring appropriate clothing, footwear and a drink.

Look forward to seeing you on Tuesday.

*From Melody, Youth Club Leader*

### **Honington CEVCP School**

What a busy half term! All classes have been working very hard, with statutory testing taking place in school and children preparing for the move up to their new classes in September. We have found time to have some fun - we helped the RAF to celebrate their 100th Year anniversary with a baton relay in school – all children ran a mile, accompanied by RAF personnel and the baton!

All classes will be having a summer outing over the coming weeks, some are going to the Sea-Life Centre in Great Yarmouth, some are off to Church Farm in Stowe Bartolph and three classes have been invited to visit the Euston Estate to learn about renewable energy, electricity and rivers. They will be collected from school by a tractor and trailer!

Our Year 6 have returned from their residential trip to Finborough, where they had a fantastic time, by all accounts and will soon be taking part in the Crucial Crew (Emergency Services) activity day.

Sports Day is next week and the week after our Year 6 will be holding a Leavers Celebration for their parents and carers. We are running a Bikeability programme (Cycling Proficiency) in July so you may see some of us out on our bikes in the village! We have several other transition activities to look forward to before we finish for the summer on 24 July.

Our thanks go to the Blackbourne Tree Group who have kindly donated a tree, which they planted on our school field. This is especially welcomed as we recently had to have two of our older trees removed due to disease.

*From Jane Diver*

### **Community Choir**

'Singing and Socialising' will meet again at Honington and Sapiston Village Hall, on Thursday 12th July 12-3pm, and Tuesday 7th August 6-9pm. Come along for friendly company and conversation, and a light-hearted singing rehearsal.

Refreshments provided, £2 subscription payable on the door. All ages and abilities welcome - please call Claire on 07712 482807 for more information.

*From Claire Pruden*

## **Families Day**

Group Captain Tait warmly invites all parishioners of all ages to attend Families Day at RAF Honington on the 26th July. It will be fun! Of course, anyone wishing to attend needs to be registered, to gain access to the camp, as last year. Application forms are available at the Village Hall or from: rob.496@btinternet.com and siripp@live.com .

*From Indi Saunders, Community Relations Officer*

## **Memorial Day 1918**

Sunday 11th November marks 100 years since the end of World War One. Nearly a dozen young men from Troston lost their lives and many returned badly maimed. Few families were spared the consequences of a terrible conflict.

Plans are progressing for an event in Troston on Saturday, 10th November to remember the end of this devastating conflict. The idea is to draw the village together to remember not just those in the village who fell but also past relatives of people who are living in Troston now, regardless of where they were living at the time or whether or not they were in the armed forces.

With your help, I am aiming to put a display together in the Village Hall, similar to the one created for last year's Lofft Day. If you have family stories to tell concerning the years 1914 to 1918 please do email

rogerjanderson@btconnect.com or drop a note into Troston Lodge. If you have any photographs of your past relatives taken around those years or memorabilia you could bring that would be fantastic. Photographs can be scanned for the display and returned to the owners immediately.

And just to emphasise: relatives do not need to have been living in Troston at the time.

*From Roger Anderson*

## **Right to Vote**

This year there are a number of 100 year events to commemorate: the end of World War One, the founding of the RAF and the right of some women to vote. This right was enshrined in the Representation of the People Act 1918, which awarded the franchise to 8.5 million women aged over 30.

We should not forget, however, that this Act also newly franchised over five million men because it abolished the residential and property qualification that had denied the vote to 40% of the male population. These included most of the men from Troston who lost their lives.

*From Dr John Hull*

## **Church News**

Café Church continues to thrive in the village hall on the second Sunday of the month. This is a friendly, informal service with music lead by the very talented Claire Pruden and her husband Warwick. Do come and join us and give it a try.

The churchyard has been giving some cause for concern, firstly because of the problems with the moles earlier in the year and secondly because of the conflict between the lime trees and the church wall.

Forthcoming services:

2nd Sunday in the month Café Church in the Village Hall

4th Friday in the month Morning Prayer in the church

Please see the notice boards for services in the surrounding villages

### **Sponsored Cycle Ride**

Saturday 8th September is the date of the annual sponsored cycle ride where the proceeds are divided between the Historic Churches Trust and the church nominated by the rider.

If you are able to ride, that would be wonderful. You would be given a list of churches in the area and you plan your own route to make it as long or as short as you like. If you are unable to ride, maybe you might be able to offer an hour to meet and greet the cyclists who visit Troston church? Please look out for the notices going up in August.

*From Jane Harland*

### **Farm News**

Seasonal contrasts - I can clearly recall thinking how on earth am I going to be able to cut my flat rye crop this time last year, as the rain kept falling and it seemed as it was

never going to end from late June into July.

What a contrast it has been this year, the term 'tinder dry' certainly does the crops justice and with no rain in sight it will get worse. A fire roared across a field of standing barley yesterday destroying thirty acres and I would ask everyone to be extra careful with anything that might create a spark. Let's hope the rain falls at some point to freshen gardens and fields alike.

*From Edward Vipond*

Dry, dry, dry. What a summer so far! This is without doubt the driest spell I have experienced since I started farming. Whilst I thoroughly enjoy the hot days, warm evenings and a BBQ in the sunshine, the gardens and crops are enjoying it less so. As mentioned by Edward please be aware of the real possibility of a fire getting out of control, everything from crops to grass verges and even gardens are tinder dry and would take very little to ignite.

Residents of Church Lane and Common Lane will remember me mentioning last summer that I planned to spread some Anglian Water Nutri Bio. Unfortunately Anglian Water scheduled the spreading for last August Bank Holiday weekend, I took the decision to cancel the spreading at this time. This subsequently meant that the pile has remained in situ for the year, I will need to spread this product once the fields have been harvested. As before I shall do everything I can to ensure cultivations

are carried out straight behind the applicator to minimise the smell. Again I shall try to coordinate Anglian Water to avoid sensitive times ( Sundays / Bank Holidays ).

Enjoy the summer.

*From Andrew Maddever*

### **Euston Rural Pastimes**

A very big "Thank you" from Gill and Marion to those who donated to, and supported our tombola stall, on the day at Rural Pastimes, and to Ann Grimwood for collating all the items and getting them to Euston.

We were fortunate in having such a lovely sunny day, and the event was a credit to all those who had been planning and working so hard since the autumn to put the event on.

Many thanks go to our chairman Chris Fogden, his committee members, and all who work so hard to see it come to fruition. Thank you everyone.

*From Gill Farrow*

### **Hedgehogs**

Probably our best-loved wild animal, the hedgehog, has been around for over 65 million years, but it could disappear very soon. Hedgehogs have changed little in the last 15 million years - two or three times as long as us humans. During the 1950s there were about 30 million hedgehogs in Britain, but they now number only a million or so. Ten million have been lost in the last ten years: if nothing is

done to halt their decline, there may be none left in five or six years' time.

Hedgehogs are struggling because there is simply not enough food for them; neither is there enough suitable habitat. They eat slugs and snails, but normally 95% of their diet would consist of caterpillars, beetles, millipedes, centipedes and other insects. Gardeners can help in many ways. Hedges provide shelter and make hedgehogs feel safer, and a patch of long grass and brambles or a log-pile gives them somewhere to nest. A five-inch gap in fences allows them to travel from garden to garden without having to use roads. Don't trim long grass or under hedges without first checking carefully for hedgehogs, and take care with the use of slug-pellets, which are poisonous to them. Move bonfire material before burning it: if you set light to it where it has been overnight, a hedgehog may well have made a nest in it.

Put out fresh food and water at night, particularly in these summer months - suitable food includes tinned dog or cat meat (not fish). Bread and milk should be avoided: hedgehogs are actually lactose-intolerant!

Remember, hedgehogs are nocturnal animals. If you see one out during the day, it is probably unwell, and it is vital that it gets to a rescue centre as soon as possible.

The contact number is 07469 177090  
[suffolkprickleshedgehogrescue@gmail.com](mailto:suffolkprickleshedgehogrescue@gmail.com)

*From Lisbeth Welsh*

## **Ixworth Surgery**

It is important we do all we can to encourage villagers to keep physically and mentally fit for as long as possible. We are arranging education events to help patients lose weight, get active, stop smoking and change diet to deal with early stages of type 2 diabetes.

A Health Check is also available to anyone aged 40 to 74 years old, who has not had a health check within the last 5 years and who doesn't have an existing heart problem. The check takes no more than 30 minutes and includes a blood pressure and cholesterol test.

Please come along to the Athenaeum, Angel Hill at 13.00 on the 18th July where the Community Engagement Group will be running a "Patient Revolution Event". This is a great opportunity for you to tell us about the health issues that matter to you.

*From Sara DeBlassie, Practice Manager*

## **Suffolk Disability Care Fund**

Grants of up to £1,000 are available to purchase daily living equipment for people with a disability.

The aim of the Suffolk Disability Care Fund is to improve the quality of life for children and adults with disabilities living in Suffolk by helping to provide daily-living equipment recommended by the beneficiary's Health Professional. The fund will only consider equipment which is not supplied by the NHS,

Suffolk County Council or other statutory providers.

Examples of equipment that would be considered for funding or even part-funding include:

Wheelchairs

Specialised chairs

Car seats

Specialised trikes

Specialised buggies.

Open for applications all year. Please go to our website.

## **Solar Panels**

For home, school, small business or community building, Suffolk County Council are inviting you to register your interest to buy high quality, low-cost solar panels which will reduce electricity bills and help Suffolk become the Greenest County.

To find out how you could save money, visit

[www.solartogethersuffolk.co.uk](http://www.solartogethersuffolk.co.uk) and register your interest today.

## **Next Parish Council Meeting**

The Council need the views of parishioners on new play equipment and village amenities. The next Parish Council Meeting will be at 19.30 Monday 3rd September in the Village Hall. Do let me have issues you would like put on the agenda - contact 01284 787 777 or

[harley.parish@btinternet.com](mailto:harley.parish@btinternet.com)

*From Linda Harley, Parish Clerk*