



Bull Site Development

Greene King is in the process of agreeing with Burgess Homes to build the proposed ten houses and new play area on the Bull Site. An offer for the pub was also being discussed with another developer who specialises in running independent pubs and restaurants. There is hope.

The existing play area, however, will need to be closed near the end of the summer to allow for trial archaeological trenches and environmental test. Simon Burgess explained that three sets of pits had to be dug for drainage tests, archaeological surveys and contamination: both on the field which would become the new play area and the existing play area. It would take about a week for the trenches to be dug but it may be eight weeks before the Borough came back with a report, after which more trenches might have to be dug. Simon also said that his plan was for the electricity cables running across the new playing field to be put underground at the same time as footings were dug for the houses.

Broad terms had already been agreed with the farmer regarding the arable land currently rented to him. He would be compensated for loss of crop and would hand over the field straight away. Once all the legal agreements were in place work could begin on creating the junior play area and providing a temporary access to it. Tony Hodgson, the Estates Manager of Greene King, confirmed that the money for providing all the play equipment would come from an allocation agreed between

Burgess Homes and Greene King to meet the Parishes demands.

Simon warned that planning permission would need to be obtained for a new access to the field from the Livermere Road as shown on earlier plans because formal access had not been part of the original application. He appreciated there were concerns about road safety and that the Highways Department was considering additional speed-calming measures eg: decreasing the speed limit, erecting a speed activated warning sign and installing speed-bumps.

From Graeme Norris

Our Church

Although it was a sad occasion, it was a fitting tribute to his standing in the village, to have the church so full for the funeral of Jack Barnard, a former resident of Troston for many years.

The church was beautifully decorated for Easter and it was so lovely to have a service there on Easter morning. We hope to be able to hold more services in the church now that the warmer weather is here. In July we are also looking forward to holding our first wedding in the church for many years.

Look out for the Heritage Event on 26th July when we will have the church open to the archaeological group, with a tea tent in grounds.

May 24th there will be Café Church in the village hall, open to all who wish to join us. You will be made welcome with breakfast, followed by a less formal

service. Do give it a try, it's certainly different and maybe something that you would like.

Rural Pastimes

There are more exciting events for this year's Euston Rural Pastimes on the 7th June. 10am – 6pm. The Little Imps motor cycle display team will be there along with the Wildcats aerobic team, and Ye Olde Falconry, which is very popular with the children.

A coracle regatta will be held on the beautifully restored lake within the grounds where a dog scurry will also be held.

In the Norfolk Ring there will be a steam engine bending race, a parade of past Breckland Farming Machines and a Grand Parade of fifty heavy horses and six packs of hounds.

There will be a flower festival in St Genevieve's church using the theme children's stories.

Children's entertainment stands, along with the trade and craft stands, will ensure that there is truly something for everyone.

Please do come along and support our local show where all the proceeds go to support the hospice, the local churches and local charities.

If you are able to help set up on the Friday or Saturday or dismantle on the Monday morning - or help in any way on Sunday 7th June - please contact me pjharland@btinternet.com 07957611576.

The more help we can get, the better and it is great to be part of the team effort that last year raised a record £34,000.

Better Broadband

There was some dispute on the location of the new BT Phone Cable Cabinet for Troston because it obscures the sighting of cars coming round the bend. However, the Borough eventually confirmed the location of the cabinet, and BT said there are no issues currently showing in the roll-out plan - so it should be ready for service by the end of June.

From Alan Bennett

Women's Institute News

Our April meeting was much enjoyed by members who watched Natasha Kimber of the Pink Powder-Puff of Ingham make up one of our members in a very natural way suitable for the day. Our next few meetings are as follows:

13th May – 7.45 pm at Troston Village Hall: Annual Meeting & Resolution with Cheese and Wine. We will be discussing and voting on this year's resolution: Failing to care – assessment of need in long term care.

"This meeting calls on HM government to remove the distinction between nursing care and personal care in the assessment of the needs of individuals, in order to advance health and wellbeing."

At Troston we have always enjoyed discussing the resolution which will then be put to the National Federation Annual General Meeting in June, our delegate Sonia Farnaby will be taking our votes to the meeting.

10th June - 7 pm. Outing – Garden visit to Church Cottage, Church Lane, Troston, We have kindly been invited to come and see the changes that Marysa Norris has

made to the Garden that Francine Raymond made famous, through her Easter Hen days and many articles she wrote. They are kindly offering liquid refreshments, but please bring a plate to share. Bookings to Anne Walker on 01359 269360 before the end of May.

8th July – 7.45 pm at Troston Village Hall: “Medical Drug Discovery: A Bluffer’s Guide” This will be a talk by William Farnaby, in layman's language, describing some of the challenges faced by chemists when trying to invent medicines of the future for areas of unmet medical need. We will be pleased to welcome Husbands / Partners at this meeting.

We are always pleased to welcome new faces to our meetings, so do come along and see whether the WI is for you.

For further information please contact our President: Jenny Simmonds on 01359 269769 or Secretary: Sonia Farnaby on 01359 268667.

From Carol Littlewood

NGS Open Gardens

Church Cottage will also be open with Troston Lodge 14.00 – 17.30 Sunday 26th July to raise money for the Macmillan and Marie Curie Cancer Charities. More details can be found on the National Garden Scheme website under *Troston Gardens*. Look forward to seeing you there.

Help Young People Succeed

Suffolk County Council are looking to raise the career aspirations of young people by holding events and activities within schools that relate to soft skills that employers will value in future employees.

The soft skills have been divided into Communication, Responsibility, Initiative and Teamwork. Could you or your business help to improve the skills of local students? Please contact me: 01473 260099 or email:

Tanya.Fennell@suffolk.gov.uk

From Tanya Fennell

Sponsored Solo Charity Walk

At the sprightly age of 72, my Dad (and Oliver’s Grandad) will be walking by himself from the depths of Surrey to Bury St.Edmunds - which is about 200 miles in aid of the Alzheimer’s Society. The walk starts on the 29th May and he anticipates it taking one week. He hopes to raise £1,000 all of which will help the Society conduct vital research. They also work to improve the quality of life of people affected by dementia.

All donations, no matter how small will help him reach his £1,000 target. We are very proud of him and hope you will support him. Donations can be made by cash or cheque to 9 Church Lane, or through *just giving* which is a secure website

<https://www.justgiving.com/william-poole2>

Many thanks, in advance.

From Marie & Oliver Poole

The Village Hall

Summer is on its way - with better weather and longer, lighter evenings, go ahead and book our attractive village hall for that family/social occasion. Just £10 an hour for villagers.

Do you know about the garden? Need space for a bouncy castle? Party inside and/or outside. Ideal for a BBQ. Garden furniture available. Fully equipped kitchen.

Always happy to show you around - just give me a ring on 269467.

From Sue Bishop

Painting for Pleasure

The new Art Group meeting in Sapiston's Village Hall has got off to a good start with 20 or so members of all ages attending each week. As the majority are very much beginners and requested tuition, the initial sessions are taking the form of group lessons. We are having a crash course in drawing, tone, composition and are currently working on a Watercolour Landscape.

All are welcome to join our friendly group every Wednesday morning between 9.30.am and 12.30.am. The cost is only £2 per week and materials are provided where necessary, so that everyone can try different mediums before investing in their own equipment. Why not come and have a free taster session to see if it is for you?

From Sue Lord

Health Forum

There has been a dramatic shift in the way your local NHS works. The change puts the responsibility for commissioning healthcare services in the hands of local GPs and health professionals – and patients. Services – whether they are provided by the NHS, local authority or independent sector – need to be monitored to ensure they are delivered well and to the standards set out in the contracts.

Would you like to be involved in monitoring and improving health care in our area? Our local NHS Clinical Commissioning Group has set up a Health Forum to give feedback to our GPs, Hospitals and other health services providers. Anyone with an interest in healthcare may join. Members will receive news and updates about health and community activities, and from time to time will be invited to participate in focus groups, surveys and events.

If you are interested, please phone 01284 758017 or

getinvolved@westsuffolkccg.nhs.uk

Patient Revolution – Wednesday 15 July 2015

Indeed, I would like to invite you to attend the next event - the Patient Revolution!

Patient Revolution is your chance to tell us about the health issues that matter most to you. We use an 'open space' technique, which means there are no set discussion groups and no preconceptions – it is up to you to set the agenda. Information from our previous three Patient Revolution events have directly fed into our planning as we work towards our aim of delivering the highest quality health service in West Suffolk through working together across NHS, voluntary sector and social services. Over 180 people attended the event in 2014 and discussed everything from support for carers to patient transport and dementia to broader mental health services. And we acted on the issues raised!

The event will take place on Wednesday 15 July 19:00 – 21:00 at West Suffolk House, Western Way, Bury St Edmunds.

To reserve your free place, call 01284 758017 or e-mail carla.pinto@westsuffolkccg.nhs.uk

From Dr Ed Garratt

Ageing with Optimism

Although most of us are happy to discuss birth, many of us don't like talking about the approach of death. We don't have the language for it. Some of us worry that we'll say the wrong thing. Others think we might be tempting fate or being morbid. But just as talking about sex won't make you pregnant, talking about death won't kill you. As for saying the wrong thing, the only wrong thing you can do is to say nothing at all.

Our organisation can provide help and advice with legal issues: like writing wills, probate, powers of attorney, inheritance tax and much more. We have a family facilitation service. Many of us find it difficult to talk about death, dementia and terminal illness. We can help you have those difficult but important conversations. We can facilitate a family meeting at which everyone's views can be listened to and respected; we can help discuss your personal worries and concerns of those of a spouse, partner or parent; have a conversation with the person who is dying or showing signs of dementia.

All our legal advice is provided by Atkins Thomson Solicitors in Bury St. Edmunds. For more information phone me 01449 737582 or visit www.ageingwithoptimism.com

Enjoy life for what you can do and worry less about what you can't.

From Nigel George

Village Social Club

The 'Pop up Pub' continues to be well supported on the last Friday of each month. The next one is on the 29th May and we will be drawing the **Troston Lottery** at about 9 pm. See you - 8pm Village Hall.

The next Quiz Night will be Friday 5th June - 7pm for 7-30 start. Tickets £4 per person to include light refreshments. Teams of four - but come along anyway and make up a team on the night. Plenty of singles and doubles do this anyway - we don't stand on ceremony! (Bring your own drinks). However, we would like to know numbers for the refreshments so please give David Farnaby a ring if you plan to come along 01359 268 667.

And of course the village walks will continue on the 4 week basis thanks to Pat and Martyn. Check the dates of the walks on the village website www.troston.onesuffolk.net or call Pat or Martyn on 269632 . Planned dates for walks this year are: 11th June; 8th July; 5th August; 2nd September; 30th September; 28th October; 25th November; and 23rd December. Usually we meet in the Village Hall car park 9.50.

From Anne Walker

Police Report

I'm pleased to report the spate of burglaries in our area has decreased and a gang has been arrested. But stay alert. Concerns about speeding continue, in particular on the road between Great Barton and Stanton. A number of drivers have been stopped and penalties imposed. Other incidents of note were:

- During daylight hours three males have been seen in local fields with a black and white lurcher type dog, in the pursuit of game. Please keep a look out and phone the police if you see them.
- During a two day period seven bodies were found dead in a pond near a public house. Victim suspects his carp were killed by water contamination!

From Jade Morton, PCSO Ixworth

Solar Farm Subsidy Scrapped

Concern about local farmers using fields for solar panels has diminished. No longer will they be eligible for farm subsidy payments on that piece of land. It is estimated that this will save millions of taxpayers' money each year and slow the growth of solar farms in the countryside.

We all welcome alternative sources of green energy but the use of arable land in this way seems nonsense.

From Neil Sinden

Escape to the Country

“Londoners who move to Suffolk will never fit in because their souls are tainted by the city’s evil aura”. Researchers at the Institute for Studies found that trying to leave London for a new life in the country was “pointless because everywhere ex-Londoners go dogs will bark at them and humans will find them annoying”.

Professor Henry Brubaker said: “It is a common misconception that you can make loads of money in London doing something evil like financial services or working in the media, then escape to

happiness and chicken-rearing in a leafy place. But London follows you.

Once you have been exposed to its grasping materialism, twisted priorities and shallow obsession with food trends, your inner being changes on a chemical level. Non-Londoners can smell it on you and they will never accept you. Also they will find your clothes stupid and pretentious, especially the vintage Barbour jacket you bought because you thought it makes you look like one of the farming set.”

Former stock broker Mary Fisher said: “I moved from Hackney to Suffolk but everywhere I go children point at my shadow. Apparently its outline is that of a jagged-faced witch monster with hooves.”

From the Daily Mash 29th April

Next Parish Council Meeting

There is a vacancy on the Parish Council – are you interested in becoming a Councillor? Certainly the issues concerning the Bull Site and the relocation of the children’s play area will continue to be a worry.

The next Parish Council Meeting will be in the Village Hall at 19.30 6th July. Please don’t hesitate to contact me if you would like to know more
(trostonparishcouncil@btinternet.com)

Also, contact me if you have any issues you would like raised at the Meeting so they can be put on the Agenda.

From Linda Harley, Parish Clerk