



Objectives

The aims of this occasional newsletter are, to try to keep residents informed of what the Parish Council has been discussing, to give updates on items of local interest, to communicate useful information on planned events and to provide a way to exchange useful contact details.

Alas, the informative and entertaining Troston Magazine proved too big a task to deliver every month. This newsletter, therefore, is a far simpler affair. Our sincere thanks go to Lynne Fugle and her colleagues, for all their work over the last three years.

For now, the plan is to produce the newsletter every couple of months - after the Parish Council Meeting. Any other news items or articles will always be gratefully welcome! Please don't hesitate to contact Graeme Norris at Church Cottage, Church Lane, IP31 1EX or email graeme@lmrinternational.co.uk

Parish Council Meeting - 5th March 2012

Following the resignation of Amanda Pinchen, Mr Peter Hay was unanimously co-opted. The Council then discussed the following issues:

- Thefts from motor vehicles in January and February.
- A serious accident involving two cars, one exiting Paddock Way and the other on Livermere Road. It was agreed to ask Suffolk County Council (SCC) to consider various measures to combat speeding and improve visibility when exiting Paddock Way. Speed checks by the Police are limited as there are only six PCSO's covering 54 villages.
- Additional 30mph roundels on the road past the Jackdaw - which have now been agreed by SCC.
- The future of the Bull Public House. Unfortunately the amended plans for development on the playing field were not available in time for the meeting. Greene King's plans for the long term future of the Bull remain uncertain.
- The Local Development Vision 2031. Troston is to remain an infill village and the boundary is essentially unchanged. The playing field is recognised as being a recreational open space, but the area around Capel Close is no longer marked as

an amenity open space - but is still subject to restrictions.

- Street lighting. The Clerk was asked to chase the Borough about repairing the broken light near the Church.
- Replacing the door on the notice board.
- Providing email copies of the Minutes to those prepared to send their address to the Clerk.

Councillors were delighted to hear that Martyn Smith had offered to assist once again in looking after Heath Wood. He would appreciate volunteers to help! Further, the Jubilee oak tree for the Wood is to be delivered in the next few days. Grateful thanks will be passed on to him by the Chairman.

The meeting concluded by formally expressing their thanks to, Karen Gradidge for keeping the bus shelter spick and span and to Geoffrey Potter's daughter for making such a good job of the new Village Hall sign.

Next Meeting

May 14th 2012 – Annual Parish meeting commencing 7pm.

An important topic for this meeting is the election of the Chairperson. John Benton, having served two terms as Chairman, suggested that someone else should take his place.

May 21st 2012 – Parish Council meeting commencing 7-30pm

From Nigel Pitcher

Our Church

Snowdrops populate the garden. Chocolate Easter eggs appeared in the shops as soon as the Christmas decorations were marked down to half price! A bit of a false start, some would say. But now we do, indeed, approach Easter. Contrary to popular belief, Lent is not a time for giving up chocolate or alcohol, so if you've been munching on Cadbury's creme eggs, there's no need to stop—no spiritual need, that is. Instead, Lent is a quiet time for reflecting on our lives as Christians.

The monthly Men's Breakfast at Livermere Village Hall is on March 17, when Jim Hartley will give a talk on "Mick or Prod?" The breakfast starts at 8.15 and runs until 9.30, plus washing up time. And, of course, all of this cooking and

washing up is good practice for the following morning,
Mothering Sunday!

There is also something on offer for the ladies this month:
Girls' Night In, Thursday 15th March, 7.30 to 9.00 pm at The
Cottage, Great Livermere (the home of Tony and Caroline
Redman). This is open to women of all the parishes in the
Blackbourne team, a great opportunity to have an informal
chat over drinks and nibbles with a view to meeting on a
regular basis. If you are interested, please RSVP by Monday
12th March to Melanie Wallage: melwallage@hotmail.com
or 01284729546. Drinks will be provided, but please bring
a plate of sweet or savoury nibbles/finger food with you.

Revision of the Church's Electoral Rolls takes place between
4th and 25th March. If you are baptised, are 16 or over and
live in the parish, or if not resident in Troston have regularly
attended services at St Mary's for the past six months, you
may apply by completing an application form, available
from Audrey Ringrose, our Electoral Roll Officer (268320).

There will be a Mini-Hen Party and Coffee Morning on
Saturday 7th April (Easter eve) at the church. More details
will follow.

Jeanne and I wish you a very peaceful and blessed Easter.

From Rev. Doug Neupert

Services for March (all at 11.00):

11th March - Holy Communion
18th March – Mothering Sunday Family Service
25th March – Family Communion

The Village Hall

The Committee meeting scheduled for Thursday 23rd
February had to be cancelled owing to the Chairman's
illness. Matters due to be discussed regarding the proposed
improved access to the rear garden, estimates for the work,
grant assistance and other points of interest will be debated
at the next meeting on the 22nd March.

The good news! A new Village Hall Entrance sign has been
lovingly designed, fabricated and erected by Geoffrey
Potter's daughter, Debbie, who has also re-decorated the
small meeting room. Thank you, Debbie.

As a reminder, the Hall has a page on the website of Suffolk
Village Halls, which gives hire charges, plus event calendar
with details of bookings already made. If you want to know
more log onto www.suffolkvillagehalls.co.uk or phone
Geoffrey Potter on 01359 269 468 or email
gwpotter@gmail.com

From David Corrie

Women's Institute

Everyone is welcome to the Open Meeting on the 14th
March at 19.45 in the Village Hall. The featured talk will be
by Mark Bryant on "The Work of the Lowland Search and
Rescue Team".

The next meeting is on the 11th April at 19.45, also in the
Village Hall. The talk will be "Memories of an African
Childhood". Three of our members, spent some, if not all,
their childhoods in Africa, and they will be sharing their
memories of growing up in three very different parts of the
continent. Jacquie Hedges grew up in Uganda, Carol
Littlewood in Nigeria and Shirley Dunkerly in Ethiopia and
Aden.

New members are always welcome, and we meet on the
second Wednesday of each month, usually at the Village
Hall, commencing at 7.45 pm. Please come along, as we
love to welcome new members to our small, friendly group.
You are assured of a warm welcome! Please contact for
more information contact Jacquie Hedges on 269669 or
Jenny Simmonds on 269219.

From Carol Littlewood

Honington School News

We are all looking forward to our Multi-Cultural Week at
the end of the month when the children will be studying
lifestyles in a variety of other countries. We will be holding
our Easter Fayre on Saturday 24th March from 10.00am to
noon and you would all be welcome to join us. School
closes on Friday 30th March for the Easter Holiday and
children return on Tuesday 17th April.

From Brenda Burridge

Open Evening Talk

The Honington & Sapiston WI are a very much looking
forward to hosting an open evening on Friday 20th April
when Horry Parsons will talk about his work as Project
Manager for Sindalls, the contractors who built the new
tower and internal roof of St Edmundsbury Cathedral.

Horry is a most entertaining speaker who will amaze you
with the many interesting facts and anecdotes concerned
with the building of this historic landmark – how many
places can say that they have completed a 900 year old
building in the 21st century! We are sure that many of you
from our own and neighbouring villages would be
interested in hearing this talk so do make a note of the date

and book your seats. Light refreshments will be provided and admission will be £5.00 each.

Ring Margaret on 01842 763180 for more details. We will be sharing the profits with the Village Hall Redevelopment Fund so do support this worthy cause.

From Margaret Ridgwell

Mobile Library

The van calls in Capel Close between 4.20 and 4.35 on alternative Fridays. The next scheduled are 16th and 30th March. Telephone 07721 879 855. Note from April a new timetable will come into effect, and it is likely that stops will be every four weeks instead of fortnightly.

Heritage Group

The group is looking at new heritage challenges in our beautiful parish church. The medieval wall paintings are expertly conserved, and a nationally outstanding collection of medieval and later graffiti by our forefathers is being recorded.

So what next? There is no shortage of potential projects, among them the restoration of the 15th century over-painted rood screen, renovation of the organ and work on the tiled floor, to mention a few. The group knows all these are important but has decided with the backing of the parochial church council to first explore renovation of the 17th century pulpit and re-hanging of the long silent bells now firmly earthbound on the floor!

The later would be a very costly project but grants are available, and we are advised ringers would almost certainly come forward once achieved.

The three tier pulpit looks very sad and some pieces have fallen off! Advice is being sought.

Advance notice of a second British Festival of Archaeology day at Troston Church. This will be on Saturday 14th July, to include tours of church features, talks and children's activities, starting at 12 noon. Please note this date.

For more information please contact Sue Sollohub on 269574

From Sue Sollohub

Troston Poor's Estate

The discussion last year on the possible sale of the Poor's Estate land was divided between those in favour of a sale and those against. Troston Farms are not interested in purchasing the field which they rent from the Poor's Estate. They are prepared to continue renting at a commercial rate or give up the tenancy rights.

The Trustees stressed that legal advice would be obtained if the land sale were to go ahead, in conjunction with the professional advice of a land agent. The Charity Commissioners are being kept fully informed.

From Vic Simmonds

GP Surgery Transport Scheme

The Patients' Association have a volunteer drivers' scheme for taking people to and from the Ixworth or Stanton Surgeries. To book a driver, please:

- Contact reception at the Surgery giving as far as possible 48 hours notice
- When the driver arrives at your house he/she will give you an envelope for you to donate (£4.50 for Ixworth or £6.20 for Stanton. Your contribution is necessary because the scheme receives no funding from the NHS
- Drivers do not deliver medicines but the Pharmacy can deliver to anyone experiencing significant problems.

The scheme is always looking for more volunteer drivers. For more information, please phone Val Holden 268012

Safer Neighbourhood

Alas, three crimes were reported. Overnight on the 6th January, Troston Heath, unknown offenders stole a Blue Ford Fiesta AY52 KUJ from the victim's driveway and a pedal cycle. (Unfortunately, a spare key was left in the car). On the same night, at Paddock Way, a Sat Nav was stolen from a car by smashing the front passenger window. On the 10th February, also at Paddock Way, a Toyota Hilux AV54 FCJ was stolen overnight from the victim's driveway.

A public meeting for Rural Bury North (and South) will be held on the 14th March at 7 to 9 p.m. at the Village Hall, Chevington IP29 5QS. The agenda will address speeding enforcement, thoughtless driving, and crime prevention – in particular the theft of vehicles and domestic heating fuel.

All are welcome to come and discuss current issues and help our Police set future priorities.

If you want to talk to the police about anti-social behaviour or non-emergency crimes, you should **dial 101**. The introduction of this service is part of a 24 hour a day, 7 days a week, nationwide initiative to report if your vehicle has been stolen, property damaged, or you want to give information about a suspected crime. People who are hard of hearing or speech impaired can textphone 18001 101

If you would prefer to give information anonymously, please contact Crimestoppers on 0800 55 111

The new service is not about emergencies. **In an emergency dial 999.**

From PCSO Jonathan Burke

Broadband

People who live, work and shop in Suffolk are being urged to show their support for "Better Broadband for Suffolk" campaign. A survey has been launched which asks residents if they're interested in super-fast broadband. Connect to www.suffolk.gov.uk/broadband - the survey takes about 5 minutes to complete and will help support our claim to ministers and potential suppliers.

Keeping Warm

SCC have secured a £265,000 grant to help vulnerable people through the remaining winter months. Independent energy advisors will visit households struggling to pay their energy bills to offer advice and install measures to save money. The number to call for information is 08456 037686.

From SCC Cllr Becky Hopfensperger

Local Contacts:

Clubs & Societies:

Women's Institute	01359 269219
Bowls Club	01359 269468
Book Club	01359 269614
Village Hall Bookings	01359 269468
Custodian, Troston History Book	01359 268622
Troston Heritage Group	01359 269574

Local Shops:

Jackdaw	01359 269453
Honington Camp Post Office	01359 269215
Kingfisher Chip Shop	01359 268976
Jin Fu Chinese Restaurant	01359 269933
Claire's Hair	01359 269293

Schools:

Honington CEVC Primary	01359 269324
Ixworth Middle School	01359 230387
Ixworth CEVC Primary	01359230228
Thurston Community College	01359 230885

Health Services:

Ixworth Surgery	01359 230252
Ixworth Pharmacy	01359 234020
West Suffolk Hospital	01284 713000
NHS Direct	0845 4647
Amanda Stoner, Chiropodist	01359 268351

St Mary's Church:

Rev Philip Garbett	01359 234415
Rev Liz Jump	01359 269265
Rev Doug Neupert	01359 269614

Emergency:

Fire Police Ambulance	999
Electricity (power cuts)	0800 783 8838
Water (emergencies)	0845 714 5145
Environment	0800 807060

Police:

Police non-emergency or 101	01284 774100
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Government Officials:

Troston Parish Council Clerk	01284 763098
St Eds BC Cllr Christopher Spicer	01359 230800

SCC Cllr Becky Hopfensperger 07876 683516
 David Ruffley MP (Bury St Eds) 01359 244199
 Matthew Hancock MP (W. Suffolk) 01638 565945

Local Trades and Services

Local trades-people who would like to be listed would be welcome. The idea is to provide a simple directory of services – not pages of paid adverts. Naturally, all names will be given in good faith, with no responsibility for the quality of goods or services delivered. Please email updates, corrections or requests to graeme@lmrinternational.co.uk or leave a message on 268082

Regular advertisers over the last year have been (and apologies to any missed out!):

A14 Aerials 01359 234973 /
 07876015674
 Accounting Advice (Sophie) 01359 231609 /
 07595913100
 Allison’s Mobile Hairdressing 01284 724598 /
 07752382590
 Austin Electrical 01359 268262 /
 07879417420
 Bell Flower Nursery 07879644958
 Bond Gardening 01842 753261 /
 07500560512
 Bumper Car Taxi 01284 733933
 Carpentry & Joinery 01449 674119 /
 07866478469
 Chimney Sweep 01359 232335
 Elite Fencing 01359 221128 /
 07761651567
 Fix A Leak 01359 269415 /
 07703256356
 Forestry & Grass 07867971868
 Game Electrical 01284 787255 /
 07860676415
 I G Garden Services 01359 268279 /
 07831838059
 Jay’s Window Cleaning 01359 241075 /
 07745499323

Just Hair 01359 232007
 Kim’s Cleaning 01842 750677 /
 07979082212
 Lawn Mower Doctor 01359 230187 /
 07951152665
 Martin’s MOTs 01359 230536 /
 07808508864
 Mays Accounting 01359 269005 /
 07760199434
 Mobile Holistic Therapy 01284 810133 /
 07877321531
 Pilates with Min 01359 268769 /
 07921452180
 Roofing 01359 268786 /
 07932761754
 Squeaky Clean Windows 01284 810679
 Stowlangtoft Hall Nursing 01359 230216
 Traditional Flintwork 01359 268500 /
 07870320354
 Yoga with Julia 07775758438

Thank You

Thank you to all contributors and distributors – only through your efforts has this newsletter been possible! In particular, thanks to Margaret Ridgwell for arranging printing and Margaret Smith who continues to kindly organise deliverers.

If you would like to receive an email copy, please send me your address.

Best wishes, Graeme