

Troston Heath Wood – Nature at it's best and close to home

For over 20 years a (very) small team of dedicated volunteers has helped to keep this area looking it's best so that everyone can enjoy the peaceful atmosphere of a natural woodland. Marvel at all the wonders of nature whether it be tree, bush, wild flowers, delicate mosses, birds, animals and even tiny insects. The work party puts in considerable effort to keep the pathways clear and the area safe for you to enjoy.

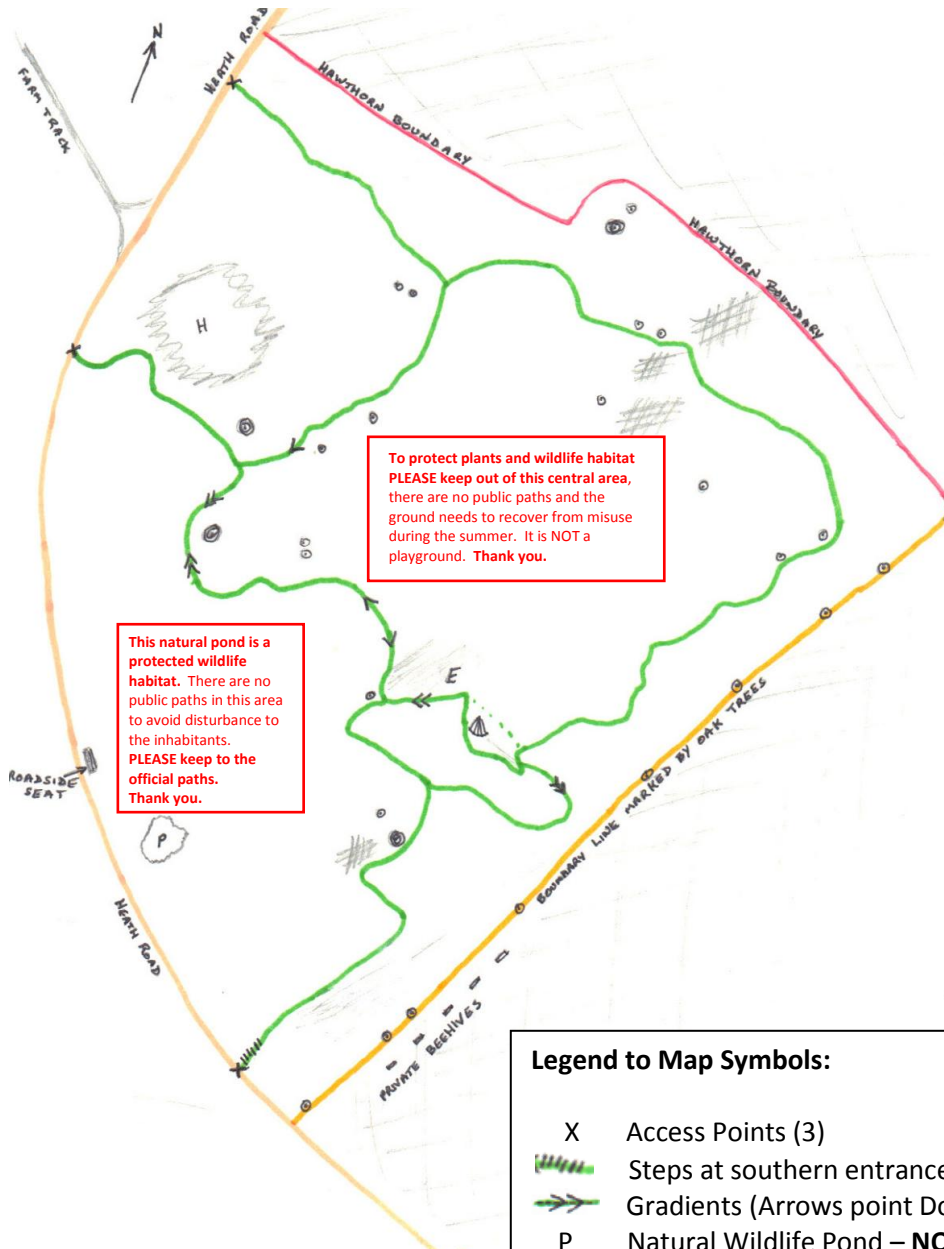
In the interests of everyone's safety, PLEASE do your bit to help by observing our woodland code:

No Bike Riding anywhere within the woods – it causes ruts and other damage to the paths and vegetation.

Do not stray from the designated paths – please refer to the map and avoid cutting corners

Please do not move or remove branches which are marking the edge of the paths. **Always take ALL your litter home.**

PLEASE keep ALL dogs on short leads (1m max) **at ALL times** and be sure you clear up any mess **and** remove it from the site.



Legend to Map Symbols:

- X Access Points (3)
- Steps at southern entrance
- Gradients (Arrows point Downhill)
- P Natural Wildlife Pond – **NO Access**
- H Natural hollow - site of a pond in 1995 - now overgrown with Poplar saplings
- Some of the many Oak trees in the woodland
- Some of the largest, oldest Oak trees
- Areas of Gorse – good habitat for wildlife
- Den [NO unsupervised Den-building without written permission]
- E Area for Supervised Education Groups

TROSTON HEATH WOOD
WOODLAND PATHS